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TO RUEOUAB/HQ DRMS BATTLE CREEK MI
RUMIAAA/HQ USSOUTHCOM J3 MIAMI FL
RUCJACC/USCENTCOM MACDILL AFB FL//THEATER TRAVEL CELL//
INFO RUMIAAA/HQ USSOUTHCOM J5 MIAMI FL
RHEFDIA/DIA WASHINGTON DC//DHO-5//
RUEHC/SECSTATE WASHDC 6057

UNCLAS BRIDGETOWN 000079

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E.O. 12958: N/A

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SUBJECT: COUNTRY CLEARANCE GRANTED TO OSBOURNE FOR TRAVEL TO SAINT
KITTS AND NEVIS

REF: 052325Z FEB 08

1. Embassy Bridgetown grants country clearance to Ms. Victoria B. Osbourne, FMS Program Manager, for travel to Saint Kitts and Nevis March 02 to March 08, 2008. The purpose of this travel is to attend the Eastern Caribbean Security Assistance Mid-Year Review and FY 09 Workshop.

2. Embassy points of contact are CDR P. Kofi Aboagye, Chief, Military Liaison Office, (246) 227-4339 or cell (246) 227-2705 and WO1 Freddie Lofton, TCA Coordinator, (246) 227-4386 or cell (246) 826-1251.

3. Traveler will be staying at the Saint Kitts Marriott Hotel, Frigate Bay, Saint Kitts, tel. (869) 466-1200.

4. Entry requirements: A valid U.S. passport is required to enter Saint Kitts and Nevis. No visa is required if your stay is under six months, including those travelers arriving with diplomatic or official passports. For further information, travelers may contact the Embassy of Barbados, 2144 Wyoming Avenue N.W., Washington D.C. 20008, tel. 1-202-939-9200.

5. Restrictions: The laws of Barbados, Antigua and Barbuda, St. Lucia, Grenada, Dominica, and Saint Kitts and Nevis prohibit non-military personnel from wearing any articles of camouflage clothing. Immigration officers in these countries randomly check visitor's baggage on arrival at the airport; if items of restriction are found, you will be asked to surrender them to the officers.

6. Departure tax for Saint Kitts and Nevis is \$30.00 ECC (Eastern Caribbean Currency) or \$12.00 USD.

7. The following is general information pertaining to security and health considerations throughout the Eastern Caribbean:

Security

In the Eastern Caribbean, foot travel outside of well-established tourist areas is not generally recommended, especially at night. Be vigilant when using public telephones or ATM machines near roadsides or quiet areas. As in many U.S. metropolitan areas, wearing expensive jewelry, carrying expensive objects, or carrying large amounts of cash should be avoided. Visitors should also safeguard valuables while at the beach. While hotels are generally safe, many visitors have experienced loss of unattended items. Hotel burglaries are not uncommon and all valuables should be locked in room safes if possible.

Health Information

Throughout the Eastern Caribbean, the most likely threat to a visitor's health is sunburn. It takes several weeks to become

accustomed to the heat and humidity. Prolonged exposure to the sun, without protection, causes sunburn and may ultimately result in sun-damaged skin or even skin cancer. Sunscreens should be used for protection. In Barbados, St. Lucia, and St. Vincent the major health threat is dengue fever, transmitted by mosquito. Dengue cases are most often seen in the summer months. Persons should therefore protect themselves with insect repellent. There is also a growing number of HIV/AIDS cases reported. The Eastern Caribbean enjoys clean and safe drinking water. Only routine boosters for immunizations (i.e. tetanus, diphtheria, and oral polio vaccine) are required when traveling to this region. Barbados has the best medical facilities of all the islands in the region and most of the medical specialties have practitioners here.

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